

### Mental Health Providers - Mendocino Coast - December 2017

Last Name	First Name	License	Address Phone Email Website	Town	Hours	Children	Adolescents	Adults	Families	Specialties and Approaches	Insurances taken	Fee structure	Language(s)	Open to new clients?
Bloom	Lori	LMFT	44551 Little River Airport Rd 707-937-3532 lbloom@mcn.org	Little River	By appt.	X	X	X	x and couples	Combines cognitive understanding w psychoneurological technique like EMDR and hypnotherapy	none	\$100/hr.	English	Yes
Bloom	Lori	LMFT	208 Dana Street 707-937-3532 lbloom@mcn.org	Fort Bragg	Women's group - Tues 5p Men's group - Tues 7p					People's Alternatives to Violence Program - anger control; work productively w others; domestic and work relationships; court-certified 52-week program; all are welcome	none	\$35 registration fee, \$25 per week.	English	Yes
Brown	Michael	MD	347-D Cypress Street 707-964-1820 mebrown@mcn.org	Fort Bragg			X			General psychiatry	most insurances	\$120 - \$90 per hour depending on insurance coverage	English	Available short term for acute crisis situations, stabilization and ongoing referral. Near retirement.
Buckley	Linda	LMFT	347-C Cypress St. 707-964-7236 lbuckley555@gmail.com	Fort Bragg	T, W - by appt.	x	x	x	x	Child development, family therapy and individual, assessments. Trauma, communication, trust, recovery, FOO, developmental, Autism spectrum, EMDR, art therapy; Family Law mediation	some insurances	\$100 for 50 min; \$125 for mediation evaluation	English	Yes
Clark	Renee	MFT intern #76092	P.O. Box 1263 707-200-3973 rclarkpsychotherapy@mcn.org	Caspar	W, Th, F, by appt. Lesley Osman, supv.	x	x	x	x if working w youth	Adolescents; crisis and growth counseling; anxiety, depression, grief, trauma, LGBTQ issues, women's issues; ecotherapy; somatics; transpersonal; sand play; play therapy	Beacon	\$80; a few sliding fee scale spots	English	Yes
De Armond	Isabelle	PhD	4531o Pacifica Dr. 707-599-7626 idearmond@drdearmond.com	Caspar	F, 8a-6p	x	x	x	x	Jungian psychotherapy	none	\$120; sliding fee scale	English French	Yes

Donohue	Kate	PhD	19201 Noyo Acres Dr. 415-695-1464 kate@kate-donohue.com	Fort Bragg	T, W, Th, 8a - 7p									Jungian oriented somatically based expressive arts therapy for trauma; grief, depression and anxiety; working with individuals, children and adolescents and couples; providing Clinical and Jungian oriented expressive arts supervision and consultations. In addition to expressive/integrative arts therapy processes, offer EMDR and Jungian oriented sandplay, and Jungian oriented dream exploration. Workshops and trainings.	Medicare; Beacon	\$120-\$160	English	Yes
Faber	Fanshen	LMFT	10520 Howard St. 707-937-2791 fmagic@mcn.org	Mendocino	By appt.		x	x						Trauma therapy; healing from childhood trauma; insight awareness therapy; guided meditation; somatic mind/body work; EMDR	Medi-CAL; Anthem BC; some EAP's	\$85-\$120; sliding fee	English	Yes
Gallo	Wendy	LMFT	54310 Pacifica Dr., Suite D 707-409-0177 wendy.gallo.mft@gmail.com	Caspar	M-F, hours vary		x	x						CBT, Nature-based, short and long term, adults, couples, youth, anxiety, depression, transitions, peri and postnatal, equine therapy, meditation, life visioning, and skill building	None; willing to superbill private insurance	\$75 - 45 min; \$100/60 min; \$150/90min; sliding scale available	English	Yes
Garratt	John	MD	31300 Comptche-Ukiah Road 41521 Ukiah Street 707-937-4084 jgarratt@mcn.org	Comptche Mendocino	Tues morning Wed 9a-5p Friday 12p 5p				x					General psychiatry	All insurances Medicare	\$135 - \$165	English	Limited opportunities for new patients
Cibb	Richard	DMH	30700A Sherwood Rd. 707-964-6191 rgibb@mcn.org	Fort Bragg	M-Th, 8a-6p			x	x					Long term, depth-oriented psychotherapy; professional consultation; diagnostic consultation	BS; Medicare	\$120; sliding scale	English	Yes
Goertzen	Vanesa	PhD	32924 Odom La. 707-357-3460 formulatight@comcast.net	Fort Bragg	M-F, 8a-4p					x				veterans; PTSD, EMDR; geropsychology, therapeutic yoga	VA contract; Choice; some BC/BS	\$100; sliding scale to \$75	English	Yes, but only veterans
Hodson	Simon	LMFT	347-B Cypress St. 707-593-6003 simonhodsonmft@gmail.com	Fort Bragg	M, W, Th - 10a-6p					x				individuals, couples, families, anxiety, trauma, EMDR, life transitions, men's issues	Beacon; United	\$100-\$150 depending on length of session and unit of treatment (e.g., individual or family)	English	Yes
Keller	Susan	PhD	45121 Ukiah Street skeller@mcn.org susankeller6000@gmail.com 347-D Cypress St. 707-937-6000	Mendocino Fort Bragg	M-F, 9-1:3-6			x							all	\$90-\$125	English or with a translator	Yes

Kerruish	Danny	LMFT	45121 Ukiah St, Suite E 707-357-2372 mftdk@hotmail.com www.mftdk.com	Mendocino	M-F, 8-30a-7p; Tuesday until 2p	x	x	x	x	x	trauma, depression, anxiety, impulse disorder, family therapy, child/youth psychotherapy, dream work, imaginal psychology	medical insurance, others; Beacon	\$100-\$150 depending on session and length of unit of treatment (e.g., individual or family)	English	Yes
Mendell	Janet	LCSW	514 S. School Street 707-272-4531 mendell@pacific.net	Ukiah	varies; not Wednesdays; occasional Saturdays	x	x	x	x	x	General psychotherapy for depression, anxiety, trauma, adjustment, etc. EMDR, Art, Erickson strength based, CBT, Sand tray, talk therapy	BC/BS; CAQH; Medicare; Beacon; Noridian; HCP; Magella; EAP's	\$100/hr.	English very basic Spanish	Yes
Michelson	Carol	LMFT	Big River Counseling 347-B Cypress St. 707-962-4696 cmichelsonmft@gmail.com	Fort Bragg	M-F, 9a - 5p	x	x	x	x	x	Couples counseling; relationship issues; cancer; chronic or terminal illness; caregivers of cancer pts; grief and bereavement	Beacon	\$75-\$120; sliding fee scale	English	Yes (a few openings available)
Osman	Lesley	LMFT	P.O. Box 394, Navarro, CA 95463 707-272-3902 lesleyosman@aol.com www.ecoroots.org	Caspar Boonville	Tues - Caspar Thurs - Boonville Occ. Fridays	x	x	x	x	couples	some insurances	\$80-\$120; sliding scale	English	call for current availability	
Rude	Glenn	LMFT	Caspar Gardens Healing Center 45310 Pacifica Dr. 707-961-6148 grude@mcn.org	Caspar	M-Th, 9a-5p or by arrangement	x	x	x	x	couples	BS; Aetna; MHN; Magellan; Beacon; some EAP's	\$90 or sliding scale	English	Yes	
Samas	Christine	LCSW	PO Box 1630 707-961-6263 christinesamas@icloud.com	Fort Bragg	M-F, by appt	x	x	x	x	x	General practice; anxiety, depression, grief, recovery from trauma, complex trauma, illness	Medicare	\$90-\$120 sliding fee	English	Yes; will assist with referrals
Siler	Steven	LMFT	1556 Oak Street 707-937-1316 silermfc@mcn.org	Fort Bragg	M-F, 8a-6p	x	x	x	x	x and couples	most	\$100/session	English	Yes	
Stocker	Ricardo	PhD	291 School Street, Rm 2 Various locations 707-841-7909	Willits Ukiah	Thurs pm By arrangement	x	x	x	x	x and couples	No insurance	Services are free. (paid by Nuestra Alianza, Willits)	Spanish English	Yes	
Taubold	Scott	PhD	347 Cypress St. 707-964-5143 staubold9818@att.net	Fort Bragg	M-Sat, 8a-6p	x	x	x	x	x	Medicare; Medi-CAL; Beacon; most insurances	\$90-\$120/hr, depending on insurance	English	Yes for short term clients	

Umroe	Michael	LMFT	347-A Cypress St. 707-490-2855 3unroes@gmail.com	Fort Bragg	Th, Sunday, occ. Wed. 9a-6p (also in Ukiah M, T, F)	x	x	x	x and couples	PTSD; depression, bipolar, anxiety, ADHD, Autism/Aspergers	Medi-CAL; Anthem BS; Magellan; Beacon; EAP's	Bill based on contract; for pts. w no insurance, sliding scale \$35-\$60	English	Yes, depending on diagnosis
Wall	Cynthia	LCSW	PO Box 2082 707-964-5229 cynthia@cynthiawall.com www.cynthiawall.com	Fort Bragg	M-Th, 9a - 6p		x			Medical issues; business development/supervision; grief counseling; PTSD; spiritual crises; some couples	Beacon; BC/BS; Medicare; Magellan; Victim/witness	\$90-\$105, depending on insurance	English	Yes for grief; will consider new referrals
Zieflesch	Kianna	PhD CADCI Certified Forgiveness Coach	1315 Cedar Street 707-841-7057 rudi@saber.net	Fort Bragg	M-Th, 10a - 6p	13+	x	x	x and couples	Trauma treatment; PTSD; domestic violence; mood disorders; personality disorders; weight management wisdom; family systems; behavioral problems; chemical dependency; individual and group forgiveness sessions. Body/mind/spirit approach with contemporary and traditional healing practices for balance and wellness.	Medi-Cal; Medicare; Tricare; Blue Shield Others	\$125 (indiv) \$145 (couples) \$155 (families) Sliding fee adjusted case by case	English	Yes
<b>Alternative Therapies</b>														
Eis	Sandy	MA; CCHT	Golden Sun Enterprise 347-C Cypress St. 707-964-7872 sandyeis@mcn.org sandyeishealinghypnosis.com	Fort Bragg	By appt.		x			hypnotherapy smoking cessation, grieving, pain management, inner child work, confidence, sports enhancement; Young Living Oils for Humans and Animals	none	\$85	English	Yes
Guest	Alena	CHT	1556 Oak Street 707-357-6075 alena@mcn.org www.alenaguesthypnotherapy.com	Fort Bragg	M-F, by appt		x			Hypnotherapy; neuro-linguistic programming; pain management; anxiety; insomnia; addictions; performance anxiety; self-confidence; surgery prep; grief; wt loss	none	\$100/session	English	Yes
Werson	Sallie	CAC	P.O. Box 409 707-937-2082 707-357-4633 swerson@mcn.org	Mendocino	Tues, Fri	x (over 12)	x	x	couples	chemical dependency; eating disorders; experiential based therapy; hypnotherapy; sexual assault; trauma; abuse; LGBTQQ issues; depression	none	\$75 individual \$100 couples sliding fee	English	Yes
Wyldflower	Tanya	Ordained minister	Center for Spiritual Living 303 S. Main St., Suite G 707-964-8987 707-964-1458 revtanya@mcn.org www.mendocinocsl.org	Fort Bragg	M-Th; hrs vary		x		x	spiritual counseling; grief groups; cancer support groups; cognitive restructuring; spiritual mind treatment/prayer	none	Sliding scale	English	Yes (no severe mental health disorders)
<b>No Longer Seeing Patients</b>														
Johnson	Marty	LMFT	331 E. Redwood 707-964-6164 potspoem@mcn.org	Fort Bragg	T-F, 1p-7p			Over 14 yo	couples	grief; addictions; life transitions; depression, retirement, aging; home visits as needed	none	\$80; some sliding fee available	English	No - retired