

SHOULD YOU GO TO THE EMERGENCY ROOM OR URGENT CARE?

ER



Severe Abdominal or Chest Pain



Babies with Severe Illness or Injury Needing Emergency Care



Serious Eye Injuries or Loss of Consciousness



Severe Burns



Stroke Symptoms (Numbness, Paralysis, Slurred Speech, etc.)



Significant Difficulty Breathing



Heart Attack Symptoms



High Fever with Weakness or Confusion



Suspected Drug Overdose or Poisoning

CALL 911 OR CLSD, 707.884.3274



UC



Allergic Reactions



Broken Bones



Sprains & Strains



Cuts Requiring Stitches



Mild Fevers



Minor Burns



Pink Eye



Animal or Insect Bite



Cold & Flu Symptoms

CALL RCMS FIRST, 707.884.4005