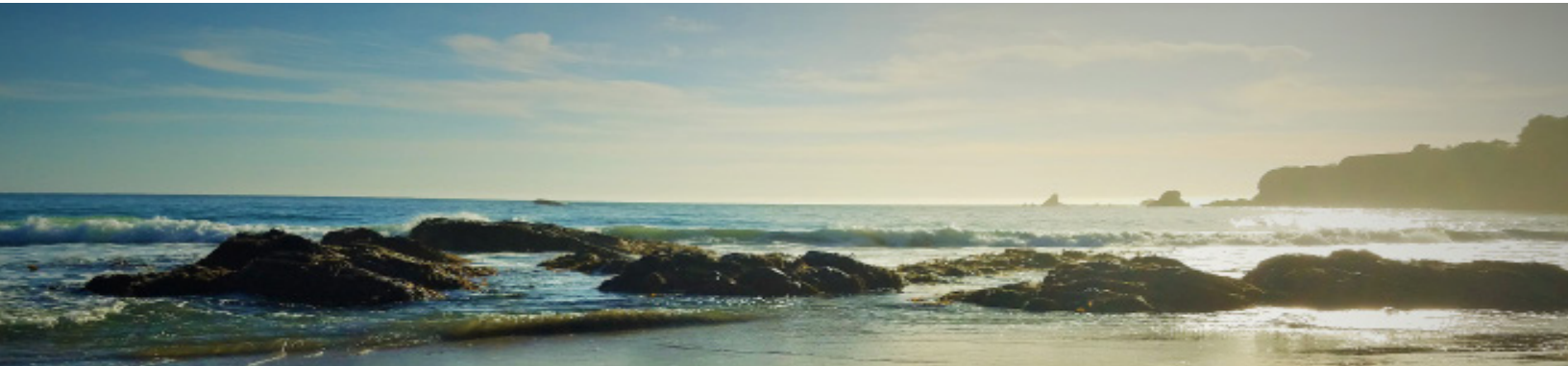


- Exclusive interview with new RCMS CEO
- Spotlight: Antonia Franci
- 2019 Strategic Vision
- And more...



YEAR IN REVIEW | 2018

INTRODUCTION

This summer has been busy and challenging for RCMS. In August we had our compulsory Health Resources and Services Administration (HRSA) operational site visit (OSV) and the following week we had our annual financial audit by the PUN Group CPAs. Our HRSA OSV occurs every three years and is an opportunity for us to receive constructive feedback on our operations and our compliance with the statutory and regulatory requirements of the Health Center Program. We are pleased to announce we passed both audits!

We are also focusing on our strategic plan for this current fiscal year.

This newsletter will give you the details of our audits, our strategic plan, and other RCMS news.

COMMUNITY HEALTH NEEDS ASSESMENT

Help us deliver the healthcare you need by completing our Community Health Needs Assessment survey. This survey is designed for you to give us information so we can deliver the best healthcare to our community. Your

feedback is critical and greatly appreciated. The survey is being distributed in collaboration with Mendonoma Health Alliance (MHA). MHA is an alliance with RCMS, Coast Life Support District, and Santa Rosa Memorial Hospital. MHA staff have been the primary collectors of the survey and have made the survey available at our community flu clinics and other events.

Our goal is to get over 700 surveys and we have collected over 250 to date so we are still a long way to achieving our goal. 700 surveys would give us a significant sample size to enable a thorough assessment. We hope that you will take the time to complete the 10-15 minute survey.

Drop by MHA or RCMS locations to complete your survey. You can also complete the survey on line. Please visit RCMS at www.rcms-healthcare.org or MHA at www.mendonomahealth.org for links to the online survey.



ANTONIA FRANCI

Many of you have seen Antonia Franci on a visit to RCMS. Antonia was born in our community as were her parents, grandparents, great-grandparents, and a great-great-grandfather.

Continued on next page...

GARY COLLINS CEO



The Redwood Coast Medical Services (RCMS) Board of Directors appointed Gary Collins as the new Chief Executive Officer (CEO) at the October 2018 Board of Directors meeting. Prior to his appointment as CEO, Collins served as the Chief Financial Officer and Chief Operations Officer of RCMS for 18 months. He is a resident of Timber Cove and understands the unique opportunities and challenges of our rural coastal communities. Outgoing RCMS CEO, Diane Agee, recruited Collins and is pleased with his appointment as CEO of RCMS.

RCMS Board Chair, Alex Long said, “We are incredibly fortunate to have this transition from Diane Agee to Gary Collins. Collins brings a new set of eyes and skills, that when combined with the tremendous resources of our staff, will help RCMS to meet the challenges of the rapidly changing Health Industry!”

Collins stated “one of Diane’s legacies includes the relationships she has built within our service area over the past 22 years. I look forward to picking up where Diane left off, and help to navigate RCMS through the difficult years ahead. We are facing stagnant reimbursement models, competitive cost structures, and particularly challenging regulatory mechanisms in healthcare. The first challenge is to ensure we have a stable staffing structure that supports the community. This includes recruiting a CMO as soon as possible.”

Collins also added “We must finish our electronic health system updates and upgrades to ensure we can

capitalize on the value-based care model for revenue enhancement.” “Value-based reimbursement ensures RCMS is providing the absolute best care for our patients, in a safe health center environment, while promoting the appropriate quality level of patient deliverables for their continued health, and enhancing the revenue model for RCMS,” Collins stated. “There are also a myriad of facility issues that must be immediately addressed for our staff, patients and visitors to know they can visit RCMS and do so comfortably.”

Collins was raised in Ohio, and moved to California in 2015. He received his formal education (BA – Accounting and Business from Muskingum University and an MBA from Baldwin Wallace University) before beginning his global career in Finance. Collins is also a GE trained Six Sigma Black Belt. He has lived abroad more than 7 years, leading global teams to achieve results previously not attained. His work has taken him to reside in Belgium, Italy and most recently China – where he finished his corporate career as Region Finance Director, Asia Pacific Region before returning to the states. Collins decided it was time to give back to his community and began work in the healthcare field in 2012 – applying his finance, managerial, leadership, and quality skills in the FQHC sector. Collins helped lead AxessPointe in Akron, Ohio to open two residency clinics, a 340B pharmacy, and to open a third access point location in Barberton Ohio, before moving to California.

As RCMS nears the end of its 40th anniversary year, the Board and staff are looking towards the future. Collins stated that “The coming years will be challenging for RCMS for many reasons, but I’m confident in the dedication shown by the RCMS staff, the community served, and hopeful that the next 40 years brings more great things for these amazing coastal communities. I take immense pride in the work of our staff and the quality outcomes attained by our care teams.”

Antonia Franci continued from previous page...

Antonia became a Medical Assistant (MA) in 2007 and did her externship at RCMS. Inspired by the staff and patients of RCMS, Antonia decided to go back to school where she obtained her Licensed Vocational Nurse (LVN) certification. She left RCMS to attend school in Ukiah where she earned her LVN and graduated Valedictorian of her class. She returned to RCMS as an LVN in urgent care.

Antonia isn’t stopping with her LVN! She is currently attending Mendocino College in Ukiah to earn her

Registered Nurse (RN) certification. She could not have been able to pursue her dream of becoming an RN without the support of RCMS and our great community! RCMS is incredibly proud of Antonia’s dedication and hard work! We look forward to welcoming her back to RCMS as an RN.



2019 STRATEGIC VISION

Staying true to our mission...

“We are engaging in an ongoing process to continually improve quality of care and performance.”

Gary Collins, CEO

We have a strategic vision for our current fiscal year, July 1, 2018 to June 30, 2019. Our goal is to work on three areas, which we feel, will have the greatest clinical impact:

1. Optimize usage of our electronic health records (EHR) by upgrading our current EHR NextGen, staff training on the new version, and standardizing processes. This will increase productivity and enhance quality outcomes.
2. Restructure our quality improvement (QI)/performance improvement (PI) process.
3. Continue to improve on recruitment and retention

Our NextGen upgrade will conclude in April 2019. This will involve not just upgrading our NextGen software but will have an eight week training for our staff to learn how to optimize usage of the new version and related workflows.

We are also excited by the prospect of introducing a patient portal! More details to come as we begin our NextGen upgrade.

The upgrade to NextGen will aid in our desire to restructure our quality improvement (QI) and performance improvement (PI). This restructure is designed to improve our healthcare delivery and our process to implement improvement changes.

We are always looking for dedicated staff to work full or part time in our clinics. For job postings, go to <http://www.rcms-healthcare.org/employment.html>.

Electronic Health Records Upgrade

System upgrades enhance our ability to track your health information, but also require ongoing training, standardizing the process, and ongoing upgrades.

Recruitment & Retention

RCMS is designated as a rural frontier region in a health provider shortage area.



Restructuring QI/PI

As we shift to a pay for performance model, collecting your health information will be critical. All staff must understand and participate in quality assurance measures.

Recruitment and retention have been difficult since we started RCMS in 1977. Healthcare recruitment in rural areas is a nationwide challenge. Some of the struggles unique to RCMS are:

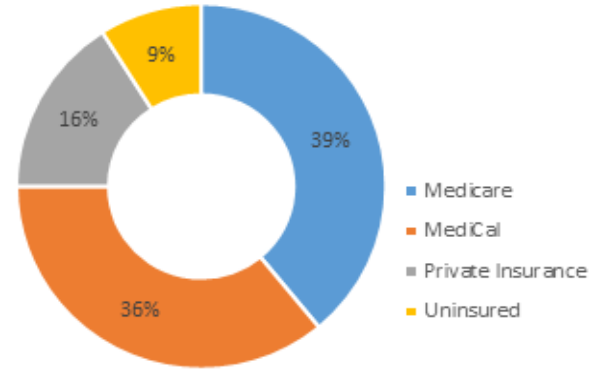
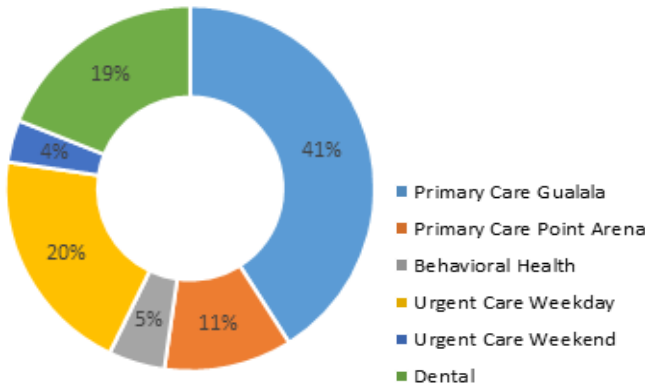
- Housing (affordable rentals are scarce)
- Shopping (Starbucks, Target, etc...)
- Social activities (options are limited or are a long drive)
- Cultural activities (options are limited but we do have a strong artist community)
- Environmental concerns (the recent fires have deterred some applicants)

“Even though RCMS is geographically located in a rural area – also known as a designated ‘frontier’ location, our attention to staffing, systems, and quality remain paramount.” Gary Collins, CEO.

Our strategic vision for the fiscal year is more than just a one year vision, it is an ongoing cycle to continually improve our quality of care.



FISCAL YEAR 2018



BY THE NUMBERS

VISITS BY SITE

Did you know RCMS had almost 22,000 patient visits July 1, 2017 – June 30, 2018?

Primary Care Gualala	9,004
Primary Care Point Arena	2,468
Behavioral Health	1,086
Urgent Care Weekday	4,420
Urgent Care Weekend	825
Dental	4,158
Total Visits	21,961

100%

All members of the RCMS Board of Directors made a financial contribution in FY18.

OUR PAYOR MIX

Our payor mix is comprised of 39% Medicare, 9% uninsured, 16% private insurance, and 36% MediCal.

BOARD COMPOSITION

HRSA requires our Board to be at least 51% patient based. Our board is actually comprised of nearly 80% patients. This gives them the unique perspective of both patients and board members when making governance decisions for RCMS. Our board is also comprised of residents from Timber Cove to Irish Beach, which is also our service area. Our board knows our community well.

COMPLIANCE

Health Resources and Services Administration (HRSA) funded health centers are subject to operational audits every three years. These audits focus on financial, clinical, and governance and administrative functions. RCMS hosted three auditors and our program director on-site for three days in August 2018.

The auditors and program director received hundreds of documents in advance of the audit and another 600 documents while they were here. They also conducted in depth interviews with our 14-member board of directors and several of our key staff.

Our diabetes team, Trish Miller and Jacquie Lappé, prepared an overview on our diabetes program that so impressed our HRSA auditors and program director that

they will highlight what we do as a ‘best practice’ for other Federally Qualified Health Centers (FQHCs). They were also impressed with how much we do with so little resources, both financially and with our small staff. The passion and commitment of our staff shined through from the beginning to the end of the auditors’ on site visit.

This was the first time any of them had been to our beautiful coastal clinics. Not only were they impressed with the work that RCMS does but they were also impressed with our community.

RCMS LEADERSHIP CIRCLE EVENT

An opportunity to say thanks...

We had our first Leadership Circle event on Saturday, August 25, 2018 in the Redwood Grove at the Gualala Arts Center. Our Leadership Circle includes donors of \$1,000 or more cumulative over the past three years. Upper Crust Pizza cooked delicious pizzas in the outdoor, wood-fired pizza oven. Our Leadership Circle members met many of our board of directors, staff, and development committee members.

As the Leadership Circle grows there will be more in store for members:

- First invitations to all RCMS events
- Special event discounts
- Exclusive appreciation events
- First to receive news from RCMS, our e-newsletter launching in 2019

For information on joining the Leadership Circle please visit <http://www.rcms-healthcare.org/give-now.html>.



Attendees enjoy refreshments while Diane Agee expresses her appreciation to the crowd.



BECOME A VOLUNTEER

Please consider becoming a volunteer.

RCMS volunteers play an important role and we do our best to match you to your interests.

Community Resources Connection (CRC) also has volunteer opportunities for drivers and office support.

For more information contact Deborah Lane, 707.884.9215, dlane@rcms-healthcare.org or visit rcms-healthcare.org/volunteer-services.html.

RCMS GIVING PROGRAMS

Monthly or annually, every dollar helps us help our community. We also accept goods for our auction at our annual fundraiser, Be Our Guest. You can also decide how you want your donation used.

Ask us about Legacy Giving. Legacy gifts will help us in the years to come. Your legacy is our future.

Join our Leadership Circle. Donors of \$1,000 or more sustain our work and help us address challenges.

For more details, and helpful forms, go to www.rcms-healthcare.org/general-information.html. Our giving programs are growing and are continually being improved thanks to the feedback from our generous donors. For suggestions please reach out to Dawn McQuarrie at dmcquarrie@rcms-healthcare.org or call 707.884.9434.



FISCAL AUDIT

The week after our HRSA visit we had our annual financial audit. We had three auditors from PUN Group CPAs here for three days reviewing and testing hundreds of documents and files.

They inspected our financial processes and results. Their primary focus was on grants, payroll, sliding fee scale, expenditures, internal controls, accuracy, and revenue cycle.

This is our 4th year in a row with no findings and RCMS remains a low risk auditee.

Each year our volunteers on the RCMS Audit Committee convene to engage in this detailed process.

We would like to take this opportunity to thank our Audit Committee and all the staff that work behind the scenes to make this happen!

HONORING THE LIFE AND SERVICE OF DR. JEFFERSON NERNEY, PSY.D.

At the Board of Directors meeting on December 11, 2018, the Board passed a resolution honoring the life and service of Dr. Jefferson Nerney. The resolution recognized the significant contribution of Dr. Nerney over the course of his distinguished career.

We were deeply saddened by the unexpected and untimely passing of Dr. Nerney, Psy.D. on Wednesday November 21, 2018. He will forever be remembered at RCMS for his charisma, infectious positivity, and ability to brighten peoples day. Staff were honored to have known and worked side-by-side with Jeff.

Jeff was born in 1949 in San Francisco, a city which he loved dearly. Growing up he was a great athlete but his passion for music led him down the path of becoming a musical producer in the 1960s. Through that experience Jeff developed close friendships that he would forever cherish. Jeff received his Doctor of Psychology (Psy.D.) degree from the Wright Institute in 2002.

He worked in several areas in the field of mental/behavioral health including forensic assessment for the Board of Parole. He joined the RCMS family in July of 2012 and was instrumental in implementing the integration of Behavioral Health services into Primary Care services.

Jeff loved our coastal community and was so happy to be settled on the coast, making a home with Sweetie Pie... his beloved cat, Charlie the spaniel, and the love of his life, Jacqueline Lappé.

Jeff embraced life, adored his friendships, and approached humanity with a generous open heart. We will always remember him singing in the halls of RCMS, bringing rays of light and smiles.



DONOR APPRECIATION

We are grateful to all our donors. All donations, in any amount, are greatly appreciated. To donate by mail, please send your check or money order to: RCMS Development Department, PO Box 1100, Gualala CA 95445

For more information, please call 707.884.9434 or go to www.rcms-healthcare.org to donate online.

In Gratitude

In gratitude that you are here! John and Katy Horn
 In appreciation for all that you do Peter McCann and Judith Fisher
 In gratitude Bruce McLean and Thea Leonardi
 In gratitude of Lois Falk Bob Rutemoeller and Mary Sue Ittner
 In gratitude of Barbara Brittell Mary Kay Stolz

Legacy Gift

Claire McPherson

In Honor

In honor of Alice Diefenbach Dorothy Antrim
 In honor of Lois Falk Frances Elstun
 In honor of Beach Rentals Chris and Pat Kenber
 In honor of Janis and Dan Minton Lewis Lubin and Laura Baker
 In honor of June Campbell Karen Macken and Mary Zern
 In honor of Alex and Anne Long Larry Marks and Gladys Monroy
 In honor of Mike Starr Dennis and Cathy Wagstaffe

In Memory

In memory of Rosamond Tompkins	Fritz and Dagmar Beyerlein	In memory of June Campbell	O'Brien Watters & Davis, LLP
In memory of June Campbell	Gary and Dorothy Craig	In memory of June Campbell	Ernest and Charlene Ohlson
In memory of Lillian Carter	Doug and Mary Duncan	In memory of Tom Warnock	David and Dolores Olson
In memory of Michael Gates	Jay Felzien and Michael Turner	In memory of our son Josh	Tony and Linda Perez
In memory of June Campbell	Ed and Alice Garrett	In memory of Roy and Marie Disotelle	Steven and Sandra Philips
In memory of Bill Stevenson	Barbara Gomes	In memory of Eve Larson	Bruce and Jackie Reeves
In memory of Lillian Carter	Barbara Gomes	In memory of Don Amaral	Joel Rogers
In memory of Alice Bray	Don and Francoise Kemp	In memory of Bill Crooks	Donald and Mary Rozenberg
In memory of Crissie Nutting Morris	Nancy Maffey and Katherine Nutting	In memory of Manny Talkovsky	Audrey Ryan
In memory of Tom Warnock	Drew McCalley and Marilyn Green	In memory of Ed and Marje Warwick	Wilhelm and Barbara Schnieders
In memory of Bruno Miglio	Rose Miglio	In memory of Lillian Carter	Richard Smith
In memory of Helen Kohler Sears	Cecilia Moelter	In memory of Tom Warnock	Toby and Chris Smith
In memory of Julie Gibson	Bob and Suzanne Mogelnicki	In memory of Manny Talkovsky	Lois Talkovsky
In memory of C Niall Healy	Linda Moon	In memory of Dick Wall	John and Fran Tornquist
In memory of Manny Talkovsky	Donald and Lynda Moses	In memory of June Campbell	Tuttle's Pharmacies, Inc.
In memory and honor of Gary O'Brien	Lynda O'Brien	In memory of Lillian Carter	Shar Wallander

Thanks to all the donors that supported RCMS from July 1, 2017 - June 30, 2018

Jeff and Maureen Aardahl
 Gary Abel and Richard Winn
 Matt Adams
 Loren Adrian and Anne O'Donnell
 Randy and Diane Agee
 James Aguiar and Randi Burke-Aguilar
 Susan Aicher
 Gary and JoAnn Aiken
 Cecilio and Agnes Ajel
 Rob Alcott
 Joseph and Peggy Alessandri
 Jim and Mary Allender
 Craig Allison and Susan Shipley
 Michael and Melanie Andersen
 Roland and Elizabeth Andersen
 Ken Anderson
 Paul Anderson
 Richard Anderson and Ann Marie Meyer
 Anonymous
 Anonymous
 Lou and Chandra Appell
 Bill Apton and Holly Stiel
 Gus and Gerry Argenal
 Trudy Armer
 Phillip and Lynne Atkins
 Ken Bailey
 Angie Baillie
 Dave and Mary Beth Baker
 Judith Baker
 Tim Balambao and Joan Hoffman
 Richard and Marilyn Balch
 Doug and Linda Balogh
 Lynne Barnard
 Joanna Barnes
 Richard and Mary Barranti
 Jo Barrington
 Jim and Wynn Batchelder
 John and Janice Batchelder
 Paul and Paddy Batchelder
 Phillip Batson and Janice Mason
 Danny and Meredith Beam
 Geoff and Wendy Beathy
 Bill and Carol Beck
 David Belk
 Craig Bell and Sharon Burningham
 George and Joan Bell
 Gary and Lynn Bellati
 Bob and Jean Bennett
 Jim and Carolyn Bertoni
 Fritz and Dagmar Beyerlein
 Robert and Judith Biehler
 Tom and Gail Blalock
 Alex and Elena Blalock
 Ronald and Carola Blubaugh
 Diane Boeke
 Max Bollock
 Jay Bond and Jo Frazer
 Mary Dee Bowers
 Robert and Jana Bowler
 Dale and Laura Bowman
 DeWitt and Mary Bowman
 Larry and Brennie Brackett
 Joan Braconi
 Walt and Sally Bradley
 Jay and Susan Brauner
 Stephen and Paula Breitbart
 Alexander Brennen and Wendy Niles
 Reid and Lois Brennen
 Craig Brestrup
 Saundra Brewer
 Scott and Laura Bridge
 Freddie Brinster
 Steve and Linda Brodie
 Peter Brosig and Jane Hook
 Robert and Mary Ann Brosso
 Robert Broughton
 Deanne Buchan
 Robert and Barbara Bulkley
 Bruce and Susan Burdick
 Randy Burke and Jane Head
 Paul Bussard and Lynn Denley-Bussard
 David and Janet Cain
 John and Dolores Cakebread
 David Caley and Steven Winningham
 Kevin Callanan and Sally Labioda
 George Calys
 June Campbell
 Marti Campbell
 Bruce Capaccio and Celia Kaplan
 Mary Ann Cardwell
 Mark and Nena Carey
 Andy and Nancy Carlson
 Stephen and Kristin Carnes
 Ron Case and Carolyn Abst
 Wayne and Debbie Cassani
 Ron and Donna Casterson
 Clark and Janet Catlin
 Horace and Berit Cattolico
 Joel and Pat Chaban
 Michele Chaboudy
 Ted Chapler
 Javier Chavez and Isabel Barragan
 Steve and Carol Chell
 Sherman Chison and Kay Andrews
 Paul Chodroff
 David and Cynthia Claeys
 Bob and Roxanne Claffin
 Don and Sylvia Clarin
 Mark and Kelly Clarin
 Susan Clark
 Joan Clearwater
 Dave and Pam Clisham
 Colette Coad
 Paul Coad
 Jim and Liz Coffee
 Wayne and Kelly Colburn
 Gary Collins
 Michael and Alice Combs
 Larry and Mary Condon
 Frances K Conley
 Bruce and Cynthia Coolahan
 Tom and Mary Cooper
 Harry and Joanne Corey
 Rob and Ann Cormack
 Marty and Bette Covington
 Peter and Lisa Cracknell
 Barbara Crafford
 Louis Cremer and Anne Batmale
 Nelson and Donna Critchfield
 Donald Cropper and Linda Garcia
 Gary Curtis and Rhydonia Ring
 Walter and Nancy Custer
 Marya D'Abate
 Polly Dakin
 Ron and April Dammann
 Thomas and Ila Darling
 Ron and Rukmini Das
 William Davy
 Michael and Allison Delman
 Robert DeMatti and Lynn Plath
 William and Patricia Denevan
 Alice Devens
 Nancy Dew
 Mel Dexeheimer and Diane Yaeger
 Wyman and Karen Dickerson
 Rob and Alice Diefenbach
 Richard and Helen DiLorenzo
 David and Kristine Donadio
 Warren Doyle and Margaret Grahame
 Sarah Dozor
 Art and Penny Dreyer
 Denis and Audrey Dubour
 Jeffrey Duckham, MD
 Alain Duguay and Gregg Tosello
 Barbara Dunsmoor
 Jack and Marsha Dupre
 Steve and Mary Eberhard
 Tom and Libby Edwards
 Darrell and Judith Edzards
 Karen Egan
 Rob Elder and Jacquelynn Baas
 Michael and Cynthia Ellerin
 Jack and Priss Ellingboe
 Anna Ellis
 Tom and Rose Ann Ellis
 Beverly Elzig
 Carol Emory
 Don and Heidi Endemann
 Lloyd and Mary Engelbrecht
 Nik and Nancy Epanchin
 Drew and Carla Fagan
 Lois Falk
 Anne Farrar
 Norm and Barbara Fast
 Robert Fearing
 Chris and Diane Feddersohn
 Ray and Sydney Feeney
 Charles Feinstein and Debbie Maio
 Robert and Leila Ferris
 Fredrick Fields
 Mary Fisher
 Tom and Sally Fitzgerald
 Neil Fligstein and Heather Haveman
 Bill and Susan Flora
 Michael Flynn
 Michael and Dana Flynn
 Richard and Lynne Fogdall
 John Foley and Suki Shepard
 Greg and Lena Ford
 John and Gertrude Forte
 Chris and Kate Foss
 David Fouts and Janet Loxley
 Cindy Franci
 Gregory Franke
 Laura Franklin
 Steven Frie and Anne Carey
 Wellum and Ann Frivold
 Ronna Frost
 Tim Fulkerson
 Glenn Funk and Kalynn Oleson
 Steven and Alicia Galliani
 Paula Gann
 Jesus and Carole Garcia
 Garcia River Casino
 Jackie Gardener
 John and Penny Gardner
 Patricia Garland
 Bruce and Trudy Garland
 Jim and Trish Garlock
 Ed and Alice Garrett
 Jeffrey Germaine and Mary Ann Hoffman
 Leslie Germane
 Ken Gibson
 Dennis and Susan Gilardi
 Jan Girod
 Ann Gogan
 David and Diane Goldsmith
 Rebecca Golly
 Barbara Gomes
 Good Buy Clothes
 William and Susan Gould
 Alexander Green
 Lila Greenawalt
 Alice Grottola
 Gualala River Redwood Park
 Paul and Karen Gudiksen
 Walt and Joanne Guenther
 Andrew and Teresa Gunther
 Jim and Kathy Gustafson
 Lance and Katherine Gyorfi
 George and Pat Haas
 Michael Haddad and Julia Sherwin
 Nina Haill
 Nils and Joyce Hakansson
 Rogers Hall and Karen Wieckert
 Robert and Susan Hansen
 Beach Rentals
 Bob Hartstock
 Paul and Tharon Hayes
 Leonard and Ruth Hayflick
 Frank and Loretta Healy
 Shirley Heath
 Bob Heavner and Cindy Nofziger
 Richard Henrikson
 Jeff Henry and Frank Lalle
 Charles and Eva Hess
 Bryant and Diane Hichwa
 David and Marie Hirsch
 Charlie and Kathy Hitt
 John Holloway and Elaine Reed
 Roxanne Holmes
 John Holmgren and Elise Lomenzo
 Bee Hoover
 Mary and Pam Hopkins
 David Hoppes and Donna Riley
 John and Katy Horn
 Ed Howden
 Erica Howe
 Virgil Hoyt
 Harold Hughes and Jennifer Bock-Hughes
 Rich and Sandy Hughes
 Beatrice Hull
 Dard and Mary Hunter
 Mark and Marcia Hutchins
 Scott and Vanessa Ignacio
 Fred and Barbara Ifield
 Jim and Rosie Iversen
 Christopher and Ronald Jaap
 Richard and Jeanne Jackson
 Larry Jacobs and Mirka Knaster
 Donald and Marilyn Jassowski
 Doric Jemison Ball and Elizabeth Jemison
 Holly John
 Janine Johnson and Justine Rosenthal
 Jerilyn Johnson
 Jim Johnson and Donna Yates-Johnson
 Richard Johnson
 Bruce and Sharon Jones
 Budd and Deloras Jones
 Marigall Jones
 William and Bev Jones
 Jim and Joan Jordan
 Thomas and Melinda Jordan
 Art Juhl
 Mark and Deborah Kal
 Richard and Pam Kalustian
 Axel and Inge Karlshoej
 Billy Karp and Jill Israel
 Daniel and Judith Katsin
 Steve Kaylor
 Steve Keller and Harriet Rose
 Don and Françoise Kemp
 Chris and Pat Kenber
 Richard Kendrick
 Gary Kennedy and Frank Minando
 Russell and Carol Kettell
 Mona Khanna
 Charles and Judith Kimball
 Jean Kirsch
 Rhodes Klement
 Jim and Kim Klesewski
 Sharlene Konowitch
 Thomas Kraus
 Lloyd and Debby Kreuzer
 Michael and Christine Kreyling
 Eric and Lisa Kritz
 Seryozha Krysti
 Donald Krutz and Molly Buckley
 David Kyle and Nancy Andrew-Kyle
 Robert and Bernice La Mar
 Merry Ann Lake
 Wayne Lamprey
 Elizabeth Lane
 Andy Lang and Linda Kennedy
 Kelly and Debbie Langwell
 Sterling and Linda Lanier
 Jim and Jill Larsen
 Gary and Suzanne Larson
 William and Susan Lattin
 Frank Lazzarotto
 Doug LeDu and Jan Carrillo-LeDu
 Ava Lee and David Bellshaw
 Richard and Patricia Lee
 Irene Leidner
 Gary and Susan Levenson-Palmer
 Barry Levin and Janice Hale-Levin
 Byron and Catherine Levy
 David and Frankie Lichtman
 Henrik and Hanne Lisberg
 Kaye Like
 Jack and Paige Likins
 Leigh Anne Lindsey
 Joel Linzner and Teresa Picchi
 Lorraine Lipani and Jocelyn Smith
 Mary Little
 Candy Lodge
 Alex and Anne Long
 Mitchell and Ellen Loring
 John Loveless and Patricia Schuster
 Lewis Lubin and Laura Baker
 Ann Ludwig
 NC and Janet Luhmann
 Tim Lum and Catherine Palmer
 Andrea Lunsford
 Harry and Lois Lutz
 Maynard and Lu Lyndon
 Bill and Cathy Mabry
 Nancy Maffey and Katherine Nutting
 Harold Mann and Kathy Kretschmer
 Ralph and Sharon Marestein
 Larry Marks and Gladys Monroy
 Paul Marti and Julia Carpenter
 Pam Martin
 Richard Martin
 Bob and Roberta Marton
 Craig and Caryol Mathiesen
 Pete Mattson
 Elaine Mazer
 Chris and Carol Mazzia
 Mac and Florence McAuley
 Drew McCally and Marilyn Green
 Peter McCann and Judith Fisher
 Rod McChesney
 Mark McClone and Jamie Leanes-McClone
 Donald and Janice McCormick
 John McCowen
 Dale McDuffie and Elizabeth Keene
 David and Beverly McFarland
 Harriett McGuire
 Bruce McLean and Thea Leonardi
 John McManus and Katharina Rill
 Claire McPherson
 Carole McQuarrie
 Guenter Mederer and Annelies Habermacher
 Glenn and Shirley Mehl
 James and Kimberly Meredith
 Jane Merrill
 Karen Meryash
 Edwin Mihm
 Jim Mikelich and Patricia Wilson
 Eddie and Mary Ann Mikus
 Jennifer Miller
 Christopher and Kathryn Millich
 Carrol Mills
 Charles and Kathleen Mills
 Mel Mirsky
 Bob and Sophia Mitchell
 James and Patrice Mitchell
 Shirley Mitchell
 Cecilia Moelter
 David Moessinger and Jeri Taylor
 Bob and Suzanne Mogelnicki
 Mark Morris and Karen Weil
 Richard and Mary Lou Morton
 Anthony Mountain and Cheryl Maynard
 Leigh and Laurie Mueller
 Bob and Charity Muller
 Peter Mullins
 Jim and Esther Munger
 Ralph and Tara Navarro
 Bob and Pam Nelson
 Jeff Nerney and Jacque Lappe
 Donald and Sylvia Nevins
 Rainer Nikel
 Richard and Carol Nitz
 Bob and Pat Norman
 Jim and Pat Noyes
 Jim and Marcia Nybakken
 Russ and Ann Nyborg
 Robert and Lois O'Connor
 Peggy O'Day
 Lorraine Olsen
 Matthias Opliger and Lucinda Weaver
 James Orenberg and Jane Seck
 Rhonda Ortmann
 Tom and Paula Osborne
 David and Evelyn Osteraas
 Whyte and Barbara Owen
 Louis Ozenne and Patty Ferreira
 Thomas and Sharon Parisian
 Michael and Ann Parker
 Gary and Barbara Parlapiano
 Loren Partridge and Leslie Martin
 Karlene Paufler
 Doug and Elke Paul
 Julian Payne
 Michael Peevey and Carol Liu
 Barbara Pellew-Harvey
 Dave Pelzer
 Milton Perkins and Maria Bardini-Perkins
 Chuck and Cynthia Petersen
 John and Jacqueline Petersen
 Trond Petersen and Mary Visser
 Chuck and Dale Phelps
 Bill and Loretta Pike
 David Ploeger
 Dorothy Porter
 Robert Powell and Shervin Tajbaksh
 Richeigh and Kathleen Powers
 David Presotto and Caryl Carr
 Zdena Price
 Richard and Shelley Priest
 Scott and Kerri Anne Pullen
 Noel Quinn
 Colette Rabuel
 Mark Radcliffe and Dianne Brinson
 Richard Ragaini
 Sarv Randhawa
 William Ranseen and Claire Skilton
 Donald and Elaine Ransom
 Barry and Rozanne Rapozo
 Thomas Ratcliff and Elizabeth Prtridge
 Charles Rath
 James and Mary Ray
 Jon and Jane Raymond
 Redwood Coast Land Conservation
 Bruce and Jackie Reeves
 Tom and Anny Reidenbach
 Bill and Mary-Louise Reinking
 John and Karen Reis
 Ray and Sandra Remy
 Mark Renneker and Jessica Dunne
 Barry Richman and Carolyn Andre
 John Rickards and Cynthia Schreiner
 Reinhard and Janice Riedel
 William and Patricia Riley
 William and Janice Roberts
 David Robertson and Maggie Crosby
 Melvin and Amy Rodrick
 Marjorie Roth
 Ginny Rubin and Dick Warner
 Paul and Lynn Rudy
 Kenyon and Laurie Rupnik
 Bob Rutemoeller and Mary Sue Ittner
 James Rygh
 Stephen and Heather Salzman
 Jon and Susan Sandoval
 Debbie Santos
 Kent Saufferer and Jan Ford-Saufferer
 Kristin Scanlon-Hill and Claire Freson
 Scott Scheffler and Marian Wolfe
 Darryl Scherkenbach and Susan Zerwick
 Rich and Connie Schimbor
 Jay Schmuecker
 Robert Schwein and Vicki Talbot
 Sandy Scott
 Loren Selby
 Karl and Myrna Shadley
 Mitch and Ruth Shapiro
 John Sheafe and Kathleen Nangle
 Larry and Margaret Shellnut
 Greg Sherwood and Dawn McQuarrie
 Ken and Maybeth Shockey
 Dave Shpak and Susan Wolbarst
 Colleen Shumway
 Peter and Mary Siddell
 Al and Joyce Siegling
 Mark Simkins and Kitty Wolfe
 John Simpson and Margie Rosholt
 George and Candace Skarlatos
 Joel and Susan Sklar
 Bob Smiley
 Coleman and Barbara Smith
 Ken Smith and Christopher Lucia
 Howard and Mary Snook
 Bill and Sara Snyder
 Bill and Joanne Somerville
 Eugene Sorensen and Suzie Yun
 Soroptmist
 Dick and Ellen Soule
 Diana Souverbielle and Jesakka Tarr
 Dorothy Spalding
 Richard Spencer and Mary McHughes
 St Orres
 Fred Stange and Denny Gold Plotzker
 David Steffen
 Steven Steinberg
 Grace Steurer
 Dorothy Stevenson
 James Stockton and Karen Tucker
 Bill Stokem and Jana Hunter
 Mary Kay Stolz
 Michael and Ann Stone
 Walt and Donna Stornetta
 Lynn Suer
 James and Mary Suhr
 Joel Summers and Kathleen Urbelis
 Chrissy Sundstrom
 Sus and Harmony Susalla
 John Sutherland and Monica Salusky
 David and Debbie Swendig
 Nellie Tallefer
 Sean Tait and Barbara McClintock
 Alan and Victoria Talkington
 Lois Talkovsky
 Jeff Taylor and Lise Sheedy
 George and Judith Tehada
 James Tervo and Janet Burch
 Beverly Thayer
 Arthur and Gail Thompson
 Beverly Thompson
 Robert Thompson
 Richard and Kristine Thomure
 Barbara Thornburg
 Henry and Kathy Thornhill
 Robert and Carolyn Threlkel
 Michael Tilles and Janelle Streich
 Timber Cove Resort
 Leslie Tittle
 John and Fran Torquist
 Chris and Laura Torres
 Karen Tracy
 Marty and Sue Trieb
 Edward Tunheim and Merry Marsh
 Michael Tunnell and Kerry Gardner
 Dave Turner and Peggy Kingman
 Peter Turner
 John and Janet Tweedie
 Peter and Kim Van Asperen
 Mark and Deborah Vanderwoude
 John VanDyke and Laura Chenel
 Bob and Amy VanSycoc
 Bill Vellutini
 Anne Vernon
 Adele Vincenz
 Kenneth Wachter and Bernadette Bell
 Dennis and Cathy Wagstaffe
 David Wallace and Karen Green
 Shar Wallander
 Paul and Jo Ann Warner
 Linda Warnock
 June Way-Dresher
 John Weinstein and Heidi Stewart
 Barry and Kathryn Weiss
 Bob Welch and Francine Shapiro
 Michelle Welch
 Dayna West
 Stephen and Suzanne Whitaker
 Jacque Jo White
 Paul and Linda White
 Tom White and Leslie Scalapino
 Eric and Karen Wilder
 Linda Louise Williams
 Daniel and Mary Wilson
 Mike and Cindy Winter
 Tim Winterer and Grace O'Malley
 Dean Wolf and Kathi Oram
 Sid Wolinsky and Pat Kirkpatrick
 Joan Wood
 Joy Woodman
 Olin and Claudia Woods
 Ross Woodward and Dionely Rodriguez
 Harriet Wright
 Henry and Marina Wright
 Clay and Laura Yale
 Robert Yazell and Pamela Rosprim-Yazell
 Bob and Judi Yeager
 Stephen and Laurel Young
 Mary Zakoor
 Walt and Jan Zambas
 Therese Zettler
 Phil and Christina Zimbaro
 Ralph Zimmerman and Cynthia Segal
 Charles and Diana Zinser
 Brian and Della Zita

Save The Date

Be Our Guest		
MARCH	Gualala Arts Center 46501 Old State Hwy Gualala CA 95445	
2		
2019		
Doors Open 5:00 PM	Live & Silent Auction Local Food & Wine Pairings	



You Are Invited to

A Spring Evening at St. Orres

May 2019

Annual Fundraiser for the Shamli Hospice Program



Small plates featuring St. Orres signatures delicacies.

Limited seating available, be sure to buy your tickets early!

A Spring Evening at St Orres 2019

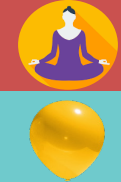
RCMS hosts A Spring Evening at St Orres to benefit Shamli Hospice. This event is graciously sponsored annually by St Orres. Because of their generosity, 100% of the proceeds from this events goes directly to the Shamli Hospice Program.

We are grateful for the generosity of Eric Black and Rosemary Campformio for making this a special evening. We look forward to another successful A Spring Evening at St Orres in 2019. Stay tuned.

Be Our Guest – March 2, 2019 at Gualala Arts Center

We are happy to announce Be Our Guest is scheduled for Saturday, March 2, 2019 at the Gualala Arts Center. Thank you to our 2018 co-chairs Colette Coad and Ginny Rubin for making Be Our Guest 2018 a success. We are excited to continue the tradition of Be Our Guest. We are looking for volunteers to plan, organize, and help the day of the event. We are also looking for donations for our silent and live auctions. Please contact Dawn McQuarrie at RCMS, dmcquarrie@rcms-healthcare.org or 707.884.9434.

COMMUNITY
WELLNESS
RESOURCE
FAIR



April 2019 - Gualala Community Center

- A community resource and information fair.
- Health, safety, wellness, and lifestyle resources from our coastal community.
- Fun activities for all ages!

For more information email kwilder@rcms-healthcare.org



YEAR IN REVIEW
2018

For more information visit
www.rcms-healthcare.org or contact
dmcquarrie@rcms-healthcare.org
707.884.9434